



# **Mental Health First Aid Basic Course**

**2 Day Training**

**June 5<sup>th</sup> and June 6<sup>th</sup>, 2017**

**8:30am-4pm**

**Cedar Grove (101 Pine St)**

**Chapleau, ON**

**Presented by: Venessa Collins**

Mental Health First Aid (MHFA) is a 2-day certification course designed to help people better understand mental illness, respond effectively to a mental health crisis and provide support for people struggling with mental health problems. MHFA is not intended to replace appropriate professional treatment but is intended to provide support until appropriate professional help is received or until the crisis is resolved.

## **Who Should Attend?**

Anyone can benefit from Mental Health First Aid (MHFA). Health service providers, emergency workers, frontline workers who deal with the public, teachers, volunteers, human resources professionals, employers and community groups are just a few of the groups who have benefited from MHFA.

Spaces are limited. Cost \$150 + HST, includes a certificate.

Please contact Turning Point at 705-864-1919 or email Venessa Collins at [vcollins@sschs.ca](mailto:vcollins@sschs.ca) to register.

Snacks provided. Lunch not included.

Cet avis est disponible en français